

BC – PILAR TEAM LANDS FIFTH



Left to Right—Cebu PB member Calderon, Gov. Gwen Garcia, Loreta Cahiyang, Clint John Oyao, Sheila Mae Codiz, Mark Renzel Solis, Lilibeth Mayol, Janice Uted, Pilar Mayor Jet Fernandez and Melanie Ng.

Benedicto college, in partnership with the Municipality of Pilar, Camotes bagged the 5th place in the individual category in the recently concluded Obra Negosyo Eskwela-Countryside Enterprise Business Upliftment (ONE-CEBU) held at the Cebu International Convention Center, Mandawe City last March 15, 2011.

ONE-CEBU was launched as a project of Governor Gwendolyn Garcia aimed at developing Micro, Small, and Medium Enterprises (SMME's) in the province of Cebu. It is likewise envisioned by the project to instill awareness and interest among the youth, particularly

students, in a developmental cooperative, competitive, academic atmosphere on the significance entrepreneurial skills play in spurring national economic development.

“Starting ‘em young,” quipped Ms. Lilibeth Mayol, Benedicto faculty and advisor of the BC-Pilar Team.

A total of 16 teams – six in the cluster category, 10 in the individual category – participated in the competition. All teams came from the 10 different universities and colleges in Cebu. Each team was tasked to come up with a business enterprise plan including the operational, marketing, and financing components. The teams defend their plans in a final showdown at the CICC for the selection of which team is best.

Highlight of the culminating showdown consisted of a 3-round competition in the two categories. The cluster category is focused on established industries and corporations and the individual, going for small enterprises. The teams took turns in presenting their business plans before a good crowd of students, faculty and members of the business community of

Cebu

On the BC-Pilar partnership, the idea was to introduce a product named Pilar’s Best Seasoned Ginamos Paste. The plan earned recognition from the academe, business, and political sectors represented in the event bestowing it the fifth honor in the individual category in the field of 10 competitors.

The members of the BC-Pilar Team were the following:

Academe

Mark Renzel Solis, BSHM-1
 Janice Uted, BSA-3
 Niña Fatima Pacatang, BSHM-1
 Sheila Mae Codiz, BSA-3
 Clint John Oyao, BSA-1

Ms. Lilibeth Mayol, Adviser
 Ms. Joyce Rebano, Adviser
 Dr. Felipe Embalzado, Dean of BM and HM

Municipality of Pilar

Hon. Jesus “Jet” Fernandez, Mayor
 Loreta Cahiyang, Partner Entrepreneur

By Clint John Oyao, BSA-1

NSTP 2 Feeding Program

“It’s better to give than to receive,” a quote often heard from people in different walks of life. This is the essence of what the students from Benedicto College enrolled in the NSTP 2 course, have done last February 12, 2011. The students offered to the children from Barangay Bakilid porridge and fun when they visited them.

At exactly 9:00 o’clock, the NSTP 2 students proceeded to the venue to conduct an outreach program as one highlight of the 11th Foundation Day of the school. The goal of the said activity was to bring joy to the less fortunate

children, especially the offering of food which is one of the basic necessities.

The activity started with a prayer conducted by Mrs. Josefa V. Agustilo, the instructor of the subject NSTP 2. The barangay representative gave a welcome address. In turn the Benedicto College students conducted games to elicit the interests of the children.

Around mid-morning the feeding activity took place. Every child prepared his/her spoon and bowl to get their share of the prepared nutritious porridge. Not only did the children of each family were given graces, but also the parents.



A small boy from Brgy. Bakilid being fed with nutritious porridge by a Benedicto College NSTP student.

Somehow, over one hundred fifty (150) children, parents, and individuals benefitted from the program. Indeed, this is brought smiles on each face of those who joined in the activity.

Culminating the program the officials of Barangay Bakilid expressed their heartfelt gratitude for the school efforts to help the families residing in their barangay.

If somehow also touched the hearts of the Benedicto College Students with the thought of continuing the said activity in the future.

In conclusion the said program was a great success which was the result of careful and sufficient planning. It was evident that everyone cooperated for its success. Most of all, it definitely had the blessed guidance from the Almighty God that led the students to conduct such a wonderful activity.

By Mrs. Josefa Agustilo, NSTP Instructor

Contributors:

Mrs. Josefa Agustilo
 Ms. Gina Arañas
 Mr. Jay Seno
 Mr. Nicolas Ampatin
 Clint John Oyao, BSA-1
 Wenny Puebla, BSIT-1
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Mr. Nicolas Ampatin
 Dr. Efren S. Valiente

Literary and Musical Festival

February 10, 2011 marked the day when Benedicto College celebrated its 11th year of existence. One of the highlights of the celebration is the Literary and Musical Festival, the culminating activity, in which student's contestant pitted talents for supremacy in the different contest: oration, declamation, essay writing, song solo and duet with the theme "The Globally Competitive Benedicto College Graduates".

Only the essay writing competition was held in the school's library while the others were held in the Artist Hall. The activity was open to all colleges and there were some participants from the high school department.

All aspirants felt the pressure as they perform before a number of spectators. While the contestants ably did their best and heated up the atmosphere at the very cool venue, not all of them satisfied the judge's tastes.

Adjudged winner of the different contest were the following:

Oration:

- 1st Clint John Oyao – BSA
2nd Mark Renzel Solis – BSHM
3rd Sheam Johbin Bince – BSN

Declamation:

- 1st Razel Pino - BSN
2nd Stella Delaraye - BSIT
3rd Loreen Zamora - BSED

Song Solo:

- 1st Kristi Hermoso - BSN
2nd Shimron Suarez - HS
3rd Honey Joy Barriga – BEED

Duet:

- 1st Patrick Oleganio & Monna Jarantilla – BSHM
2nd Wendell Esdrelon & Mary Campus – BSN
3rd Shahana Roce Luna & Reycard Zabate – BSIT

Essay Writing:

- 1st John Wel Urot – BEED
2nd Claire Ann Villarosa – BSHM
3rd Gurly John Monterde – BSCSE

The winner received certificate of recognition and cash prizes while those who didn't make it, didn't go empty handed as they took



Ms. Razel Pino, BSN 3 academic scholar won 1st prize in the declamation contest during Founder's Day, February 10, 2011.

home certificates of participation.

Overall, the celebration was a great success through the combined efforts of the school's constituents.

By Gina Arañas, Instructor

BC Sponsored Bloodletting

Last February 11, 2011 the Regional Blood Coordinating Center (RBCC) under the organizational structure of Department of Health which held a seminar on bloodletting procedures by Mr. Randal. The level 4 nursing students do registration prior to the seminar. The seminar was attended by the students from various departments. The students listen attentively during the discussion; they even ask questions to the speaker of the said seminar. The seminar was ended past 4 in the afternoon.

The next day (February 12, 2011), the team from RBCC arrived at 1pm in Amphitheater. They set up their things for the letting of blood. There are 7 personnel, composed of 2 medical technologist and 5 volunteered nurses. The level 4 nursing students helped in registration, weighing and vital signs taking as pre-requirements for a letting of blood. There are 30 students from various departments who successfully donate their blood. The bloodletting activities were finished past 7 o'clock in the evening. It was a great job for all of us in our school campus who give blood to our fellow Cebuanos.

By Jay Seno, Clinical Instructor

New Yorker in Tondo' at BC

Excerpts of Marcelino Agana Jr.'s stage play "New Yorker in Tondo" were presented at the Amphitheatre of Benedicto College at last March 11, 2011.

The staging of the excerpts was the culminating activity of the class in Literature I under Mr. Nicolas T. Ampatin. Literature 1 is Philippine Literature taught as mandated by CHED Memorandum No. 59 series of

formation from a forced, albeit half-baked, Americanized pretender to the realization of her brown roots which can only thrive in the soil of Tondo, a district of Manila, Philippines.

The transformation to the real Kikay from the fake Francesca came about when confronted with the reality that her real love in the person of Tony, the boyfriend Kikay left behind when she went to New York was about to be snatched by no less than her close friend,



"New Yorker in Tondo" a drama played by Philippine Literature students under faculty member Mr. Nicolas Ampatin.

1996.

"New Yorker in Tondo" exemplifies one genre of literature which is drama or play which became popular as it deals with one of the more compelling fascinations, if not obsessions as some would have it, of not a few Filipinos, or Filipinas to be more particular, which is to look or project the image of something American, or as is more popularly describe, to look "stateside".

As a parody, it also exemplifies or, at least, reflects one Filipino trait that is being able to laugh at its own display of lifestyle which is nothing short of being hilariously stupid bordering insanity.

Mr. Ampatin's choice of the Agana's play is to drive home the point of Dr. Jose Rizal's dictum on nationalistic fervor which says (translated in Cebuano) 'ang tawong dili maantigo sa iyang kaugalingon dila, mas langsa pa kay sa dubok nga isda.'

As the play's main plot would have it, Kikay, the Tondo girl, who, after a 10 month-sojourn in New York to study the art of doing hairs and cosmetology, came home unfortunately already infected with the Big Apple virus.

Still supposedly under the euphoric state of being in New Yorker, Kikay went through a process of all too artificial trans-

Nena. Tony could not bring himself to honoring his engagement to a lady, then the Kikay he knew and loved, but now Francesca, who to him is no less than a stranger of a lady.

Realizing that Tony, whom she still loved, cannot marry the stranger Francesca, Kikay decided to revert back to her Kikay identity. Of course, Tony welcomed the transformation so much and took her original lady love back in his heart.

The role of Kikay in the three scenes presented was alternately played by Charisse Cabal and Valeriano Soco, Jr, who should be credited for his daring do in dressing and in being made up as a girl. Sherwin Ronquillo was Charisse's Tony while Joren Racines was Tony for Valeriano's Kikay. Others in the play included Michael Eborada and Lyndon Cuizon as the two Totoy, Nena's boyfriend. Nena's role was played by Mae Jane Bornea with Estelita Tañaña as Kikay's mother, who was unwillingly struggling against being inflicted by the Big Apple virus spread in her household by Kikay.

The rest of the class provided the production support as crew for sound, props and other technical requirements.

By Wenny Puebla, BSIT-1

THE FOUR DEANS: The winning card of Benedicto College.



“You ought to be in your office planning what’s best in curricular programs. Leave the teaching to your teachers.”

This injunction was once said of a dean who was found spending more time inside the classroom and seldom sat in his office desk. The injunction sounds sensible but in practice most deans do handle, though limited, classroom subjects. In fact, this situation is always true in smaller colleges where enrollment is limited and teachers’ salaries matter so much in the balance sheet. In cases like this which is obtaining in Benedicto College, the better option for the school administration is to keep the ones who have the better credentials and the potentials for optimal utilization. But what are better credentials and how do optimal utilization is accomplished?

Benedicto College has four major departments, each directly under a dean. How do the deans measure up at the credentials department?

Benedicto College’s flagship baccalaureate degree program in nursing is under Dean Maria Elena Alqueza Cabigon. Hired last April, 2010, behind Dean Cabigon’s simple and unassuming stature you would mistake her for being just one of the faculty is a master’s degree in nursing. She claims the change her former academic environment is driven by the desire for a “more challenging endeavor.” She is presently pursuing her doctoral studies in education at the Cebu Normal University majoring in research and evaluation. More than the credentials reflected in diplomas and other certificates, Dean Cabigon’s performance records tell more profoundly about her experiences and potentials as an educator and administrator. She had risen from the ranks serving her alma mater from being a faculty to being chair and dean wounding up with a 21-year loyalty award from her alma mater, Southwestern

University.

Another potential academic program of Benedicto College are its Computer Studies and Engineering courses. Running the curricular programs of the department is Mr. Stefan Andrei D. Flores. A holder of a master’s degree in Business Administration, Mr. Flores, who would turn 34 only this year already had a string of solid experiences in practically most IT-based operations from managing to marketing to consulting for local, national and international operations. His involvement in these various IT fields made him do analyzing, creating, administering, implementing, and monitoring IT policies, systems, and strategies to meet IT needs in various entrepreneurial and professional endeavors. Foremost of his involvements included those with Southwestern University’s MIS Department, Central Visayas Information Sharing Network Foundation, Inc.(Cebu, Philippines), Cleverlearn English Language Institute (Cebu, Philippines), Global System Interconnect, Inc. (Cebu, Philippines), and the Florida-USA-based Dreamware Enterprises.

The dean of the Department of Hospitality Management and Accountancy possesses a string of credentials that bespeaks of someone who knows his way around because he’s been around for some time. He is Professor Felipe S. Embalzado, Ed. D., DM. A deeply religious person, he views his professional development as purposive and God-driven. He is able to blend the idealism of teaching as the noblest of professions and as humanely realistic as being a most tiresome job.

Heading the Arts and Sciences poses a great challenge to me. Relating to students when they first arrive at college, many students are surprised at the general education classes they must take in order to graduate. They

wonder why someone who wants to be an accountant or psychologist or television producer should study subjects that have nothing directly to do with those fields. And that is a reasonable question--Why *should* you study history, literature, philosophy, music, art, or any other subject outside of your major? Why should you study any subject that does not help to train you for a job? Why should you study computer programming when you will never write a program? Why study logic when all you want to do is teach first grade or be a church organist?

It has been my guiding philosophy that for person to be refined or cultured, he needs to be immersed with various disciplines in the liberal arts. In the academe, critical factor to this is engaging with fellow educators who are truly responsive to what our young truly call for. Empowering teachers and maximizing their creativity in dealing with various demands is truly rewarding when the results paid off—having students who are disciplined, responsible and well-mannered.

He sees to it that the college’s hospitality management programs are responsive and competitive enough to meet global demands and standards. Most significant is his idea that school life is actually preparing for the future life of students. With his concepts

of teachers as second parents, he is quite emphatic when it comes to helping students who may be are “late bloomers” or who come from a family which is financially challenged and/or with its intra-family relationship, compromised.

While facilities may be state-of-the-art and curricular programs on papers or in theory looked excellent, the arena where these are translated into actual student advantage is in the teaching-learning situation and its success largely depends on the implementing strategies and approaches employed by faculty. Inasmuch as it is a basic duty and responsibility for deans to monitor the performance of teachers, deans should not be stranger to the “feel” of teaching; deans should be “in the groove” immersed in the classroom. Staying in one’s office desk is not the way to do it.

Yes, in basketball and other sports competition, it may be necessary to have a playing coach. In cards game, the deans are the face or court cards. They are a potential in forming a winning hand. School administrators should be able to optimize their potentials to ensure a winning advantage. In the teaching-learning situation, teachers and deans alike should strive to get that ball into their court and control the game and win together with their students.

By Nick Ampatin, Instructor

Dr. Valiente’s Speech at the Nursing Dinner Affair

Good evening to all Nursing students and faculty. This is the fourth Nursing Dinner organized according to your Dean, Mrs. Maria Elena A. Cabigon. It is audacious as it is timely. Audacious because it would give us enough energy to pursue our aim of improving our standing in future Nursing Board exams. Timely because we need to boost everyone’s morale so we can sustain our actions and focus all our efforts to be better than we were before.

In all these efforts, all Nursing students have big roles to perform. First thing Nursing students have to know is this---academic excellence and learning is an individual effort and an extremely personal matter that only the person who is studying can will to achieve. That person must be motivated by something higher than himself or herself. What could be things higher than oneself? There are countless motivations

that would sustain anyone in the 4 year collegiate studies and the long months of Nursing review. These motives for example, could be to help the family, parents and siblings, to work locally to help poor people, to work abroad to help the elderly and small children. These motives coupled with the relentless pursuit to learn everything needed to learn in Nursing would prepare you to the ultimate test which is to pass the Nursing Board exam.

In the 4 year Nursing studies, you should be prepared to do a lot of sacrifices. Studying up to the wee hours of the morning to learn is uncomfortable but to many these times of quiet make them remember more and retain in their brains what they read from their reference books. Experiencing discomforts according to research in psychology and cognitive science gives the person what is called “mastery experience” Persons who have this well-



Nursing Students, Faculty and School Administration posed for a souvenir photo after the 4th Nursing Dinner (used to be called Nursing Junior and Senior Promp) held February 23, 2011 in Montebello Garden Hotel.

earned sense of mastery are more optimistic and decisive, and are capable of overcoming adversity and achieving goals. The opposite is true for those who have none, they become brittle and becomes vulnerable to anxiety and worries, which distract attention and lead to loss of focus.

Hardwork always work. Studying hard is similar to an athlete practicing frequently and tenaciously to prepare for the Olympics. Studying, studying, studying is crucial for academic excellence. This is rote repetition, which is an extremely needed prerequisite to proficiency in mental task. Repeating the same task over and over again, it becomes automatic. The brain will literally change so that one can complete the task without thinking about it. Once this stage is reached, the brain has made mental space for higher-order operations: like interpreting higher Nursing princi-

ples and not simply decoding the words in the textbook, or exploring the emotional content of Nursing services and not just reading the Nursing manual of procedures. Research on brain scans of persons executing a sequence of movements show that as the sequence is repeated, the parts of the brain associated with motor skills become less active, allowing brain activity to shift to the areas associated with higher-level thinking and reflection. Precisely these are the type of questions that are usually asked in the Nursing Board exams.

And finally, you must love what you are studying. Being good in studying Nursing will permit a greater degree of engagement and expressiveness. Studying Nursing then becomes fun. It stops being monotonous, boring and energy-draining.

Our wish is for all of you to pass all future Board exams and top it all if possible.

BC Graduation 2011



Nursing graduates posed with their faculty and school administration after the 11th commencement exercises last March 30, 2011 held in the Artists. Hall.



Graduates from the College of Computer Studies and College of HM and Business posed with their faculty and school administration after the 11th graduation rites last March 30, 2011 held in the Artists Hall.

Nevertheless, they were able to finish the race and the good thing was they did not land on last place.

After the race, hot-dogs, sandwiches and coffee were provided by the organizers for the runners. There was also free foot massage to those who has muscle pain on their legs.

The main purpose for this event is to help the differently abled – children from

PRIME foundations and Abag Sa Kabataan. In other words, BC contributes to the charity.

Mr. Klement Empaces was in charge of our runners. Although, the BC runners didn't bring home the bacon but they enjoyed the activity so much. One of the runners said that it was a nice experience and hoping that BC would join next year.

By John Rey Tepacia, BSIT-3

BC Joins Run for A Cause

BC students and faculties together with many elite runners from other organizations joined the CITIRUN at the Waterfront Cebu City Hotel and Casino last March 27, 2011. Benedicto College was one of the minor sponsors for the said marathon. The marathon is divided into three categories: the 5k, the 12k and the 21k.

BC ran under the 5k category in which they passed through Banilad Road with the turning point at Foodland flyover then back to Waterfront Cebu City Hotel. The 21k will also pass the Banilad

Road and turned to Hi-way Maguikay while the 12k will turned to Norkis Mandaue then head back to finish line. The 21k runners was the first to run at 4:30 am followed by 12k and 5k.

Most of the BC runners are first timer as expected they were having hard time to get to the finish line. They were already exhausted and almost out of air before they reached Gaisano Country Mall, so they started walking. Anticipating this, the organizers had a water station in front of the mall and BC runners were refreshed after drinking water in the station.



Students and faculty members of Benedicto College participated in the CITIRUN organized by the Zugbuana Jaycees last March 27, 2011 at the starting line in Waterfront Cebu Hotel.